

# IS FOOT AND ANKLE PAIN STOPPING YOU IN YOUR TRACKS?



## LET US HELP GET YOU BACK ON YOUR FEET!

- Plantar Fasciitis
- Ankle Sprains/Strains
- Achilles Tendonitis
- Shin Splints
- Morton's Neuroma
- Arch/Heel Pain
- Arthritis
- Post surgical Pain and Dysfunction
- Diabetic and Peripheral Neuropathy



Our experienced staff is here to help you get back to the activities you enjoy! You are a **UNIQUE** individual; at Hands-On Physical Therapy Specialists we believe in honoring each **INDIVIDUAL** patient with a customized physical therapy program that supports **YOUR GOALS** and **ACTIVITIES** you enjoy. We empower you with exercises you can do at home during therapy and after you are discharged.

**MEDICARE, WORKER'S COMPENSATION AND  
ALL COMMERCIAL INSURANCE PLANS ACCEPTED**

**HANDS-ON PHYSICAL THERAPY SPECIALISTS**

**11925 Pearl Road, Suite 202**

**Strongsville, Ohio 44136**

**Phone: 440-238-0300 Fax: 440-238-0750**

**[www.HandsOnPTS.com](http://www.HandsOnPTS.com)**